

CONSENT TO PERFORM PHOTODYNAMIC THERAPY

PATIENT: _____

DATE: _____

PURPOSE

Levulan (Aminolevulinic acid 20%) is a naturally occurring photosensitizing compound that is used to treat acne. Levulan is applied to the skin and subsequently "activated" by specific wavelengths of light. This process of activating Levulan is termed Photodynamic Therapy.

PROCEDURE

Levulan is applied to the skin and subsequently "activated" by specific wavelengths of light. This process of activating Levulan is termed Photodynamic Therapy.

RISKS/DISCOMFORT

Anticipating possible side effects of Levulan treatment include discomfort, burning/stinging, itching, swelling, redness, peeling, oozing, crusting, and lightening or darkening of skin tone and spots. Peeling and redness can last for many days or weeks.

QUESTIONS

A member of the Center for Dermatology & Skin Cancer staff has explained the nature of the procedure and its alternative treatments, and the benefits to be reasonably expected compared with alternative approaches and your questions were answered. If you have any other questions about this procedure, you may call us at (630) 964-2000. This document is written confirmation of this discussion.

CONSENT

You have read this form and understand it. You request the performance of the procedure(s) described above. You have been given a copy of this consent form. Your consent and authorization for this procedure is strictly voluntary. By signing this consent you understand that you should avoid direct sunlight, examination lights, tanning booths, dental examination lamps, etc for 48 hours following the treatment due to photosensitivity. By signing this informed consent form, you hereby grant authority to perform Photodynamic Therapy.

The nature and purpose of this procedure, with possible complications, have been fully explained to your satisfaction. No guarantee has been given by anyone as to the results that may be obtained by this treatment.

I agree to have photographs taken for documentation as well as teaching and research purposes, as well as for possible use in publications.

I have read the consent and certify that I understand its contents in full. I have had enough time to consider the information and feel that I am sufficiently advised to consent to this procedure. I understand that I am not pregnant. I hereby give my consent to this procedure and have been asked to sign this form after my discussion with Center for Dermatology & Skin Cancer staff.

Patient Signature

Date

Center for Dermatology & Skin Cancer

Date

Photodynamic Therapy Patient Guidelines (Same Day)

Photodynamic Therapy is for the destruction of Actinic Keratosis. During the treatment you might experience slight burning or pain sensation that should only last while you are being exposed to the light source. After you have undergone photodynamic therapy, you may experience redness, dryness, crusting, and peeling.

APPLICATION OF LEVULAN KERASTICK

Women: Come with make up free/clean face

Men: Come with clean shave

1. The day of the Levulan Kerastick application, you will come into the office and check in like you normally would for an office visit.
2. The Medical Assistant will take you in a room, take updated photos, and cleanse the area thoroughly with alcohol.
3. The Doctor or Assistant will apply the Levulan Kerastick to the entire treatment area.
4. After the application of the Levulan Stick you are to wait _____ hours for the clear light exposure.
5. While you are waiting you may go outside **but only with a wide brimmed hat**; one may be provided at that time. You are to not expose the area to bright lights and/or sunlight.
6. You will be given the following prescriptions:
 - a. Valtrex 500mg or Zovirax 400mg, to prevent cold sores, for facial treatment.
 - b. Triamcinolone Cream 0.1% to be applied to affected area **twice daily**.
 - c. Take over-the-counter Tylenol for pain relief, if needed.

BLUE LIGHT TREATMENT

1. During the light treatment you may experience slight burning or pain sensation that should only last while you are being exposed to the light source. You may take Tylenol or Motrin an hour before your appointment.
2. You will be given eye protecting goggles that you must wear during the light treatment. An assistant call button will also be given to you during the treatment.
3. You will be provided a hand held cooling device during the treatment that will relieve the stinging sensation during the treatment.
4. The light treatment will last 12 to 15 minutes. Once the light is off the burning or pain sensation will subside.
5. After the treatment you will then wash your face with Aquanil and will be asked to apply Solbar with Zinc sunscreen.
6. For 48 hours you must avoid direct sunlight, examination lights, tanning booths, dental examination lamps, etc.
7. At home you can start applying the prescription Triamcinolone cream twice a day.
8. You will follow up 2-3 days later.